



## Biography

### **Chris Harris**

I have been in Nursing for forty years and worked in the speciality of Urology for twenty-five years, during ten of which I was a Clinical Nurse Specialist heading a nurse-managed Urology Unit in Edinburgh.

I have set up and managed clinics in Lithotripsy, prostate assessment, erectile dysfunction, Urodynamics, catheter care and intermittent self-catheterisation.

Over the years I have been involved in National projects including acting as an assessor for the then U.K.C.C., now NMC, for the pilot project looking at nurses working at a Higher Level of Practice.

I was a member of the BAUN working group, which produced guidelines for nurse-managed clinics for the assessment of men with Lower Urinary Tract Symptoms. I have been a member of BAUN since its inception and I am currently a member of BAUN Council and have been on Council for five years.

I have been a member of the SIGN national working groups producing guidelines on the management of Continence problems and was project leader for an NHS Q.I.S. guideline on "Catheterisation and catheter care", which has been well received. I was also a member of a National Supplies group reviewing Urology products used in Scotland.

I was recently appointed to manage a local network project, to develop closer working between a centre of excellence in Urology and smaller hub hospitals to ensure continuity and equity of care for Urology patients and their carers.

I am also investigating more local Community involvement with Urology care and new ways of working to bring care closer to the patients' home. I continue to Lecture on all aspects of Urology nursing and advise on teaching programmes.

I tried to retire four years ago but my colleagues keep tempting me out of retirement with interesting and challenging projects! I am married with two grown up sons. I live in Northumberland, one of the most beautiful areas of England and I work in the Borders, one of the most beautiful areas of Scotland so I am a very lucky person.

